

Food Adventure Group

Led by Occupational Therapist, Amy Maxson MOT, OTR/L

This is a one-of-a-kind curriculum, written by a pediatrician (Dr. Nimali Fernando) and pediatric feeding therapist (Melanie Potock) who understand how children become picky eaters and how to prevent picky eating with a multi-sensory and joyful approach.



Parent involvement is a key to success, so a parent handbook, weekly feedback sheets, and a monthly newsletter will give you the language and approach to continue the education at home.

2 Classes Available:

- **Pre-school Program** for ages 3-6 years
- **Elementary school program** ages 6-11 years
- Research backed program
- Designed for children with and without picky eating challenges

- 75 min sessions, 1x/week
- 6-week cycle
- \$45/session
- Food and recipes provided
- Sensory and fine motor food activities
- Fun, interactive, and joyful.
- Make friends with food!

When and Where?

Achieve Pediatric Therapy
11602 Lake Underhill Road, Suite 129
Orlando, FL 32825

Starting September 15th & 16th, 2022
Thursdays: 4:00-5:15pm (*Elementary school*)
Fridays: 9:30-10:45am (*Pre-school group*)

* Sessions limited to 4 children with 1 healthy adult each.

* Register: Call 407-277-5400

* Questions? Email Amy@AchievePediatricTherapy.com

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www.AchievePediatricTherapy.com